



# ***Breaking Down the Walls of Arthritis and Building a Stronger You***

**Reducing Your Pain and  
Improving Your Daily Function**

**Christine Klody, PT,DPT,MPT,CSCS  
*DPT Sport- Founder/Doctor of Physical Therapy***

**Thursday,  
May 25th**

***10-11 am***



[www.dptsport.com](http://www.dptsport.com)

Does your arthritic pain limit you in your everyday activities? This program will highlight a well-researched approach that is misunderstood and underutilized and yet highly effective in reducing or eliminating the pain and dysfunction associated with arthritis. Biomechanical Specialist and Doctor of Physical Therapy from DPT Sport will walk you through the necessary steps to help you take greater accountability for your health and wellness, keep you out of the orthopedic surgeon's office, and keep you feeling your best.

**Please join us for this Complimentary  
Seminar in**

**The Great Lounge  
at the King-Bruwaert House  
6101 S. County Line Road, Burr Ridge**

**Spaces fill quickly!**

**Please call (630)230-9565**

**to reserve your seat**

**Refreshments will be served**